Birmingham
Chesterfield
Doncaster
Derby
Nottingham
Nuneaton

Midlands Regional BMX Series

Redditch
Rotherham
Tamworth
Telford Flyers
Warsop

Technical Guide

2026 Version 2 – Last updated 12th March 2026

Version Change

V1 – New version for 2026 with all new regulations,
V2 – Trophy qualification amended to six out of eight rounds

Table of Contents

Welcome and Purpose 3
Communication 3
Midlands Regional Regulations 4
Scope of this Document 4
British Cycling Membership and Race Licence 4
BC Membership 4
Race Age 4
Race Classes 4
Mixed 6 & Under Class 5
Riding up an Age Class 5
Merging of Classes 5
*Next age class 5
Registration and Race Fees 5
ON-LINE REGISTRATION ONLY 5
Late Entry 5
Race Series 6
Regional Race Series Points 6
Expert Classes 6
Superclass Category 6
Number Plates 7
Transponders 8
Transponder Batteries 8
Emergency Transponders 8
Gazebos 9
Midlands Championships 9
Racing Up at the Midlands Championships 9
Female Classes at the Midlands Championships 9
Midlands Championships Awards 9
British Championships Regional Qualification 9
Code of Conduct 11
Three-Strike Rule – Restricted Areas 11
Final Words 12
2026 Midlands Race Calendar 13

Welcome and Purpose

Welcome to the 2026 Midlands Regional BMX Series, which will take place across multiple venues within the Midlands region.

The Midlands are proud to host these events, which are made possible thanks to the dedication of volunteer officials and host clubs. Riders, parents and supporters are asked to respect the volunteers and facilities that allow the series to take place.

The purpose of the regional race series is to provide riders with an opportunity to progress from club racing into more competitive regional racing, and ultimately towards qualification for the British BMX Championships and National Series.

From 2026 onwards the Midlands Regional Series will operate as an Expert-only race series, aligning with other BMX regions and supporting the development pathway from club racing into regional competition.

We wish all riders a safe and enjoyable 2026 season.

Midlands Race Team

Communication

The primary form of communication for the Midlands region is our Facebook page:

https://www.facebook.com/MidlandsRegionalBmx

Please check our Facebook page regularly, especially prior to any event, as events are subject to change sometimes at short notice in poor weather conditions.

Regional email address is admin@midlandsbmx.co.uk

Regional website address is https://www.midlandsbmx.co.uk/

Midlands Regional Regulations

Scope of this Document

These regulations apply specifically to the 2026 Midlands Regional BMX Series.

They should be read alongside the current British Cycling BMX Racing Regulations. Any matters not covered within this guide will be governed by the most recent British Cycling regulations which can be found on the BC website here.

British Cycling Membership and Race Licence

BC Membership

All riders competing in Midlands Regional races must hold a valid British Cycling membership.

A full race licence is not required for regional racing.

Race Age

A rider's race age is calculated by subtracting the rider's year of birth by the current year.

Example: A rider born in 2016 will have a race age of 10 (2026 - 2016 = 10).

Race Classes

Female

• Female 7-8	• Female 9-10
• Female 11-12	• Female 13-14
• Female 15+ (Prize Money)	

Boys

• Boys 7	• Boys 8
• Boys 9	• Boys 10
• Boys 11	• Boys 12

Open

• Open 13	• Open 14
• Open 15	• Open 16
• 17-18	• 19-29
• Superclass Open (Prize Money)	• Masters 30+,
• Veterans 40+,	• Grand Veterans 50+,

Cruiser

• Mixed 9-12	• 13-14
• Female Cruiser 13-16	• 15-16
• 17-29	• Female Cruiser 17-29
• 30-39	• Female Cruiser 30+
• 40-44	• 45-49
• 50-55	• 55+

Mixed 6 & Under Class

For the 2026 Midlands Regional Series, a Mixed 6 & Under class will be introduced.

This class combines boys and girls aged six and under and is intended to:

- Encourage participation from younger riders
- Support development of female riders
- Provide stronger racing within the youngest age group

Riding up an Age Class

To ensure safety and fair competition:

Once a rider has raced up into a higher class at any Midlands Regional event during the season, they must remain in that class for all remaining Midlands Regional races during that season, including the Midlands Championships.

If a rider registers for a class above their eligible race age:

- They will initially be placed into their correct age class
- On race day they may confirm their intention to race up once the rule has been explained

Merging of Classes

A minimum of 4 registered riders shall constitute a competitive class.

If less than the required numbers of riders are registered, they will be merged with the next age class*. If that does not meet the minimum of 4 riders, then the classes will continue to be merged with the next age class* until the combined class meets the minimum of 4 riders.

Cruisers will register in their age classes, but racing will only have a maximum of 7 classes:
The below classes may also be merged depending on numbers.

Merged Junior Cruiser (Mixed 9-16) (9-12 Mixed, 13-14, 15-16, Female 13-16 Cruiser)
Female Cruiser 17-29
Female Cruiser 30+
Cruiser 17-29
Merged Masters/Vets Cruiser (30+) (Cruiser 30-39, 40-44, 45-49)
Merged Grand Vets Cruiser (50+) (Cruiser 50-55, 55+)

*Next age class

*Riders aged 9-16 will race in the older age class, riders aged 17+ will race in the younger age class,

Registration and Race Fees

All riders must register on the British Cycling website: https://www.britishcycling.org.uk/bmx

ON-LINE REGISTRATION ONLY

Expert classes are all £19.00 + £1.00 BC booking fee.

Double Expert bike (same rider) discounted price of £29.00 + £1.00 BC booking fee.

On-line registration is open for several weeks before the event, so we cannot except any responsibility for people missing the deadline which is 12:00noon the day before the event.

Late Entry

Late entry opens 12:05 the day before the event and closes one hour before racing begins.

Late entry is charged at double the standard entry fee.

Race Series

Regional Race Series Points

The overall series standings will be based on a riders best SIX rounds from the EIGHT events.

Riders will receive points based on overall finishing position of each round. Points available for each round can be found below:

POSITION	POINTS	POSITION	POINTS	POSITION	POINTS	POSITION	POINTS	POSITION	POINTS
1st	200	17th	60	33rd	29	49th	13	65th	4
2nd	180	18th	58	34th	28	50th	12	66th	4
3rd	160	19th	56	35th	27	51st	11	67th	4
4th	150	20th	54	36th	26	52nd	10	68th	4
5th	140	21st	52	37th	25	53rd	9	69th	4
6th	130	22nd	50	38th	24	54th	8	70th	4
7th	120	23rd	48	39th	23	55th	7	71st	4
8th	110	24th	46	40th	22	56th	6	72nd	4
9th	100	25th	44	41st	21	57th	5	73rd	3
10th	95	26th	42	42nd	20	58th	5	74th	3
11th	90	27th	40	43rd	19	59th	5	75th	3
12th	85	28th	38	44th	18	60th	5	76th	3
13th	80	29th	36	45th	17	61st	5	77th	3
14th	75	30th	34	46th	16	62nd	5	78th	3
15th	70	31st	32	47th	15	63rd	5	79th	3
16th	65	32nd	30	48th	14	64th	5	80th	3

Expert Classes

From the 2026 season onwards, Midlands Regional events will run as Expert-only racing.

Novice racing will no longer form part of the regional race programme.

Clubs are encouraged to run Novice or beginner races at club events to support riders developing their racing experience.

Superclass Category

Superclass is intended for the highest level of riders within the regional series.

Entry Requirements

Riders must:

- Pre-register in the Superclass category
- Have approval from a qualified coach confirming they can safely compete in the category

Commitment to Category

Once a rider competes in Superclass, they cannot return to Challenge classes during the same Midlands regional season.

Pro Section Use

Superclass riders are expected to use Pro sections where available.

Minimum Entries

Superclass require a minimum of four riders.

Prize Money

Prize money for the Superclass Open and Female 15+ classes is based on the number of riders competing.

If fewer than eight riders enter a class, prize money will be adjusted according to the table above.

Prize money will only be paid when four or more riders compete in the class. If fewer than four riders are entered, the class may be merged in accordance with Midlands Regional class merging rules.

Prize money for Superclass Open and Female 15+ classes is based on the number of riders competing.

No: of Riders/ Position	4 Riders	5 Riders	6 Riders	7 Riders	8+ Riders
1st	£60	£65	£70	£75	£80
2nd	£50	£55	£60	£65	£70
3rd	£40	£45	£50	£55	£60
4th	£30	£35	£35	£40	£40
5th	—	£30	£30	£35	£35
6th	—	—	£25	£30	£30
7th	—	—	—	£25	£25
8th	—	—	—	—	£20

Number Plates

All riders must use a plate displaying the number with which they have registered. Riders displaying a different number to what they have registered on maybe relegated to last place +2 points.

CHAMPIONSHIP	
Elite	White plate, black numbers
Junior	Black plate, white numbers
CHALLENGE	
Open/Boys	Yellow plate, black numbers
Female/Girls	**Blue plate, white numbers**
CRUISER	
All	**Red plate, white numbers**

Side plates are mandatory in all classes and must display the same numbers on both sides and match the number they have registered on. Same relegation rule applies for incorrectly numbered side plates.

Transponders

The Regional Series use a transponder scoring system featuring Sqorz online race software and MyLaps transponders. Link: https://our.sqorz.com/org/midbmx

It is the rider's responsibility to ensure that the transponder is fitted correctly to their bike. Transponders should be fitted to the left-hand side of the forks, as far down the fork leg as possible.

Transponders can only be fitted to the outside or inside of the forks. Any other position will be deemed as cheating and this may result in disqualification.

New transponders should be purchased from the UK reseller: https://hssports.co.uk/sales/mylaps-prochipflex-personal-transponder/

At each event the rider must scan-in by either doing a practice lap or manually at admin only during the registration times in the schedule.

It is the responsibility of the rider / parent to ensure details are correct on Sqorz and they have checked-in correctly. No scan, no race.

A rider racing without a working active transponder will not be scored.

Transponder Batteries

MyLaps ProChip Flex transponders contain a sealed internal battery.

- The battery cannot be replaced
- The battery cannot be recharged

Attempting to charge the transponder by plugging it into a computer, USB cable or power adapter will not recharge the unit and may drain the battery further.

If a transponder stops working, the rider must contact MyLaps directly.

If the unit is within the MyLaps warranty period, it may be eligible for replacement under MyLaps warranty terms.

The Midlands Region has no involvement in the replacement or warranty process for personal transponders.

Emergency Transponders

The Midlands Region holds a limited number of transponders for emergency use only.

- If a rider's transponder fails during race day, a regional transponder may be issued free of charge

- If a rider forgets their transponder, a regional transponder may be issued for a £5 non-refundable fee

Emergency transponders are limited and issued at the discretion of the Midlands race administration team.

Availability is not guaranteed, and riders remain responsible for ensuring their personal transponder is functioning correctly before attending an event.

Gazebos

To align with British Cycling safeguarding policies, gazebos placed trackside must belong to a British Cycling affiliated club or team.

Trackside positions will prioritise affiliated clubs.

Midlands Championships

The Midlands Championships is the annual championship event for the Midlands Region and follows the Midlands Regional Series regulations unless otherwise stated.

Racing Up at the Midlands Championships

The Midlands Championships will follow the same Racing Up rules as the Midlands Regional Series.

Once a rider has raced up into a higher class at any Midlands Regional event during the season, they must remain in that class for all remaining Midlands Regional races during that season, including the Midlands Championships.

Riders are therefore not permitted to return to their age class for the Midlands Championships if they have previously raced up during the season.

Female Classes at the Midlands Championships

For the Midlands Championships, female classes will be split into their individual categories where possible.

However, classes may still be merged on the day depending on the number of registered riders, in accordance with the Midlands class merging rules.

Midlands Championships Awards

At the Midlands Championships the host club will award:

1st – 3rd place: Trophies
4th – 8th place: Medals

Awards will be presented based on the final results of each class.

British Championships Regional Qualification

The British Championships is a region-based event.

All riders must be members of a British Cycling affiliated club in the region they qualify through.

Expert riders must complete:

- Five Midlands regional rounds in their primary class
- Three Midlands regional rounds in their secondary class

NSR riders require three rounds.

RSR riders may complete five rounds in any region, with three in their home region.

Students may qualify through more than one region. (as per BC guidelines, A rider who is currently at university but resides outside of the region in which they are qualifying through. Riders will still be required to race five regionals but can compete in more than one region.)

Dispensation requests must be submitted through the regional process and may only be submitted after the final round.

Code of Conduct

Midlands Regional BMX is a volunteer-led, non-profit organisation dedicated to promoting the sport of BMX racing and delivering safe, enjoyable events for riders of all ages and abilities.

All riders, parents, guardians, team members and spectators attending Midlands Regional BMX events are expected to behave in a respectful and sportsmanlike manner at all times. This includes showing respect to fellow riders, volunteers, officials, host clubs and venue facilities.

The Midlands Race Team reserves the right to take action if the behaviour of a rider, parent, guardian or associate is considered unacceptable or in breach of this Code of Conduct.

Examples of unacceptable behaviour may include, but are not limited to:

- Abusive, aggressive or disrespectful behaviour towards riders, officials, volunteers or other attendees
- Failure to follow instructions from event officials or host club representatives
- Unsafe behaviour on or around the track or venue facilities
- Deliberate damage to track infrastructure or venue property
- Riding in restricted areas or outside designated riding zones

Where behaviour is deemed to breach the Code of Conduct, the Midlands Race Team may take appropriate action which may include:

- Issuing a warning
- Removal of the rider from the event
- Refusal of entry to future events
- Referral of the incident to British Cycling Compliance

Three-Strike Rule – Restricted Areas

For the safety of riders and spectators, certain areas of the venue may be designated as restricted or closed riding areas during events. These areas may include pump tracks, non-event riding areas, sections of the track not in use, or any area identified by the host club or event officials as restricted.

Riders found riding in restricted or closed areas during an event will receive a strike.

The three-strike rule applies per rider and across the entire Midlands Regional Series season.

- **First strike** – verbal warning issued
- **Second strike** – formal warning issued and recorded
- **Third strike** – the rider will be removed from and disqualified from the event at which the third strike occurs

Further disciplinary action may be considered if required.

All decisions relating to the application of the three-strike rule will be made by the Midlands Race Team and event officials, whose decision will be final.

Serious misconduct may result in immediate removal from the event without the strike process being applied, and may be referred to British Cycling Compliance for further investigation.

Final Words

The Midlands Regional BMX Series is only possible because of the dedication and commitment of the many volunteers who give their time to organise, host and run these events throughout the season. From club volunteers preparing the track, to officials, administrators and commissaires ensuring the racing runs safely and fairly, the regional series relies on the efforts of people across the Midlands BMX community.

Host clubs work hard behind the scenes to prepare their venues and deliver high-quality race days for riders and families travelling from across the region. We ask all riders, parents and supporters to respect the facilities being used and the volunteers who make these events possible.

The Midlands region continues to focus on creating a positive and competitive environment where riders can progress from club racing through regional competition and onwards to national and international racing opportunities. The regional series plays an important role in developing riders, building confidence, and preparing competitors for events such as the **British BMX Championships and the British Cycling National Series**.

We encourage riders and parents to become involved beyond simply racing. BMX racing is a community sport, and the continued success of the Midlands region depends on clubs having volunteers willing to support events. Whether that is helping with track preparation, assisting with administration, becoming a qualified official or commissaire, or supporting your local club in other ways, every contribution helps sustain the sport.

Most importantly, we hope that everyone involved enjoys the experience of racing in the Midlands. BMX should be challenging, competitive and rewarding, but also fun. We wish all riders the very best for the 2026 season and hope to see continued growth and success across the region.

Have a safe and enjoyable season.

Midlands Race Team

2026 Midlands Race Calendar

Round	Venue	Date
R1	Nottingham	29th March
R2	Doncaster	10th May
R3	Rotherham	17th May
R4	Redditch	31st May
R5	Telford	7th June
R6	Warsop	21st June
R7	Derby	12th July
R8	Birmingham	19th July
Midlands Championships	Nuneaton	13th September